



Field Day
**100% Organic
Salsa**
Select Varieties
16 OZ
Reg price \$2.79

2/\$5



Garden Of Eatin'
**Chili & Lime
Chips**
8.1 OZ
Reg price \$3.79

2/\$6



Divine
Chocolate Bar
Select varieties
3.5 OZ
Reg price \$3.79

2/\$6



Dandies
**Classic Vanilla
Marshmallows**
10 OZ
Reg price \$4.99

2/\$7

NOT ALL PRODUCTS AVAILABLE IN ALL LOCATIONS

PRICES GOOD JULY 1 - AUGUST 4 • WHILE SUPPLIES LAST

3065 ROUTE 50, SARATOGA SPRINGS, NY 12866 • 518.306.4900 www.healthylivingmarket.com 222 DORSET ST, SOUTH BURLINGTON, VT 05403 • 802.863.2569



Angie's Kettle Corn
Boom Chicka Pop
Various sizes
Reg price \$3.49

2/\$6



Blue Diamond
Nut Thin Crackers
Select varieties
4.25 OZ
Reg price \$2.99

2/\$5



Drew's All Natural
100% Organic Salsa
Select Varieties
12 OZ
Reg price \$4.49

2/\$7



Green Mountain
Gringo
Salsa
Select Varieties
16 OZ
Reg price \$4.99

2/\$7



Late July Snacks
Organic Thin & Crispy Sea Salt Tortilla Chips
11 OZ
Reg price \$3.99

2/\$6



Mediterranean Organic
Organic Fire Roasted Red Peppers
16 OZ
Reg price \$6.79

\$5.79



Annie's Naturals
Low Fat Vinaigrette
Select varieties
8 FL OZ
Reg price \$3.19

\$2.79



Cucina Antica
Organic Dressings
Select varieties
8 FL OZ
Reg price \$3.99

2/\$6



Field Day
100% Recycled White Paper Napkins
250 CT
Reg price \$2.99

2/\$5



Field Day
100% Recycled Paper Towel
3/60 CT
Reg price \$3.49

2/\$6



Gomacro
Organic Gluten Free MacroBar
Select Varieties
2.5 OZ
Reg price \$3.19

2/\$5



Good Health
Veggie Chips
6.75 OZ
Reg price \$3.79

2/\$6

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Castor & Pollux
**Cheese Dog
 Cookies**
 16 OZ
 You SAVE \$1.00

\$3.99



Castor & Pollux
**Peanut Butter
 Dog Cookies**
 16 OZ
 Reg price \$4.99

\$3.99



Rice Dream
**Organic
 Enriched Rice
 Milk**
 64 FL OZ
 You SAVE \$1.00

\$4.29



Mount Hagen
**Organic Instant
 Coffee**
 3.5 OZ
 You SAVE \$2.00

\$8.99



Nature's Path
**Organic Heritage
 Flakes Cereal**
 Eco Pack
 32 OZ
 Reg price \$8.49

\$7.49



Once Again
Organic Tahini
 16 OZ
 You SAVE \$1.00

\$8.49



San-J
**Asian BBQ
 Grilling &
 Barbecue Sauce**
 Select varieties
 10 FL OZ
 Reg price \$3.79

2/\$6



San-J
**Hot & Spicy
 Szechuan Stir-
 Fry & Marinade**
 10 FL OZ
 Reg price \$3.79

2/\$6



Vita Coco
**100% Pure
 Coconut
 Water**
 1 L
 You SAVE \$1.00

\$4.29



Wholesome Sweeteners
**Organic Blue
 Agave**
 44 OZ
 You SAVE \$2.00

\$10.99



Woodstock
**Organic
 Mayonnaise**
 16 OZ
 Reg price \$6.29

\$4.99



Angie's Kettle Corn
**Caramel
 Kettle Corn**
 6 OZ
 Reg price \$3.49

2/\$6

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FRESH OFF THE TRUCK SALE!

FRIDAY JULY 17 - SUNDAY JULY 19
8^{AM} - 4^{PM} EVERYDAY

This 3-day **PRODUCE SALE** has evolved from a small event to a whole weekend of wonderful, fresh, seasonal fruits and vegetables. Our finest distributors will be here with terrific deals on an abundance of juicy, crisp, sweet, crunchy produce!

We will be featuring great prices on organic and conventional:

- Berries
- Tomatoes
- Lettuces
- Avocados

And great seasonal produce at excellent prices from our local farm partners!

- Zucchini
- Lettuce Mixes
- Kale Bunches
- Swiss Chard Bunches

OUR LOCAL FARM PARTNERS:

- Albert's Organics
- Black River Produce
- Upper Valley Produce
- Vermont Coffee Co.
- Death Wish Coffee Co.

While supplies last, selection may vary by location.



Ever wonder WHO actually buys all the produce we sell? Who makes sure our Staff has what they need to make our Produce Departments so beautiful? Who works with both the big distributors and the smaller local farmers? Who ensures that our relationships with farmers and produce salespeople are strong? Whew, that's a lot to consider!

That person is (drum roll) Ms. Ashley Fuentes. Ashley started at Healthy Living only a few years ago as a cashier, went on to serve at our Guest Services desk, and then became a buyer in the Dairy/Frozen Department. She proved herself to be skilled, smart, and driven, and became our company-wide LEAD Buyer of all-things-Produce. It's a huge job and Ashley has taken it on with gusto and smarts.

So next time you smile as you grill some fabulous local asparagus or have watermelon juice running down your chin or bake the perfect potato... thank Ashley and our amazing HL Produce Teams for making it all possible!



Conventional
Blueberry Pints
Reg price \$3.99/ea

\$2.49/ea



Local Organic
Basil Bunches
Reg price \$2.99/ea

\$2.49/ea



Local Organic
Red Leaf Lettuce
Reg price \$2.99/ea

\$2.29/ea



Local Eco-Grown
Vermont Hydroponic Tomatoes
Reg price \$2.69/lb

\$2.49/lb

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AWESOME & CONVENIENT

HOUSE-MADE MARINADES

We've spent months developing, testing and tasting our new house-made marinades and now they're on our shelves! Now the same marinades and sauces we use in the meat department are bottled for convenient at-home use.

- Sesame Teriyaki Sauce & Marinade
- Perfect Spicy Peanut Sauce
- Triple C Chipotle Sauce
- Maple Balsamic Marinade
- East of Buffalo Sauce & Marinade
- and more!

MARINATED MEAT & POULTRY

Our talented butchers and wildly creative masterminds of marinades have teamed up to make dinner easier! We take Steak Tips, Boneless Chicken Breast, Pork Kabobs and more and marinate them for you! Available at the meat counter.



Vermont Smoke & Cure

Maple Brined Uncured Bacon

10 OZ

Reg price \$7.49

\$6.19



Niman Ranch

Fearless Franks Hot Dogs

16 OZ

Reg price \$7.59

\$5.99



Smart Chicken Picnic Pack Legs

Reg price \$3.19/lb

\$2.79/lb



Smart Chicken Picnic Pack Thighs

Reg price \$3.19/lb

\$2.79/lb

Summer Pepper & Cucumber Salad

Simply amazing with grilled, marinated meats!

- 1/4 cup red wine vinegar
- 1/4 cup cold water
- 1 Tbsp kosher salt
- 2 tsp sugar
- 1/2 red onion, cut into half-inch dice
- 3 bell peppers (mix up those colors!)
- 1 summer-perfect cucumber
- 1/4 lb feta cheese
- 1/4 cup pitted kalamata olives
- 1/4 cup olive oil
- Salt and pepper to taste

Whisk the red wine vinegar, water, kosher salt and sugar together in a small bowl until the salt and sugar are dissolved. Add the red onion and set it aside. This will lightly pickle and sweeten the onion, taking out the "bite."

Core and seed bell peppers and chop them and the cucumber and feta into 1/2-inch pieces. Combine with the olives in a large bowl.

Drain the onions, reserving the vinegar mixture, and add them to the other vegetables in the large bowl. Pour a quarter cup of the vinegar mixture over the salad, then drizzle with olive oil. Season generously with salt and freshly ground black pepper, or to taste. Toss evenly and serve at once, or let the flavors develop in the fridge for a few hours.

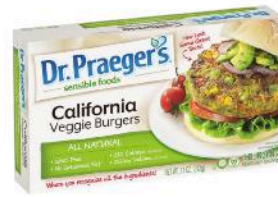
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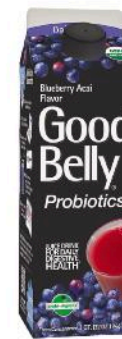
Dr. Praeger's
**Asian Veggie
Burgers**
Select varieties
Reg price \$4.29

\$3.69



Dr. Praeger's
**California Veggie
Burgers**
Select varieties
Reg price \$4.29

\$3.69



Good Belly
**Organic
Blueberry
Probiotic Drink**
32 FL OZ
Reg price \$3.79

2/\$6



Rice Dream
**Organic
Vanilla Rice
Dream**
1 PT
Reg price \$4.89

\$3.99



Stahlbush Island Farms
Super Sweet Corn
10 OZ
Reg price \$2.49

2/\$4



Talenti Gelato E
Sorbetto
**Caribbean
Coconut Gelato**
1 PT
Select varieties
You SAVE \$2.00

\$3.99



Tofurky
**Tofurky Beer
Brats**
14 OZ
You SAVE \$1.00

\$3.99



Udi's
**Classic
Hamburger
Buns**
Gluten Free
10.4 OZ
You SAVE \$1.00

\$3.99



Wholesome
Sweeteners
**Organic Raw
Blue Agave**
44 OZ
Reg price \$12.99

\$10.99



Republic of Tea
**Organic
Ready to
Drink Tea**
16.9 OZ
Reg price \$2.99

2/\$5



Blue Diamond
**Almond Nut
Thin
Crackers**
4.25 OZ
Reg price \$2.99

2/\$5



Annie's Naturals
**Low Fat
Raspberry
Vinaigrette**
8 FL OZ
Reg price \$3.19

\$2.79

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BAM!

THE BEST ALL MONTH SALES

BAM FEATURES THE BEST SALES WE HAVE ALL MONTH!
WE PICK OUR MOST POPULAR ITEMS AND MARK THEM
DOWN, GIVING YOU THE OPPORTUNITY TO BUY
FANTASTIC FOOD AT DEEP DISCOUNTS.



Santa Cruz Organic
**Organic Half
& Half Tea**
32 FL OZ
Reg price \$2.99
3/\$5



Santa Cruz Organic
**Organic
Lemonade**
32 FL OZ
Reg price \$2.99
3/\$5



Natural Choice
**Organic Mango
Fruit Bars**
16.5 FL OZ
Reg price \$5.99
\$4.29



Natural Choice
**Organic Coconut
Fruit Bars**
16.5 FL OZ
Reg price \$5.99
\$4.29



Organic Bulk
Garbanzo Beans
Reg price \$2.69/lb
\$1.69/lb



Organic Bulk
Black Quinoa
Save 40%
\$4.19/lb



Grandy Oats
**Organic High
Anti-Oxidant
Trail Mix**
Save \$4 /lb
\$8.99/lb



Nubian Heritage
**African Black
Soap**
5 OZ
Reg price \$4.49
2/\$5



Sweet Leaf
**Natural Stevia
Sweetener**
35 CT
Reg price \$4.19
2/\$5



Sweet Leaf
**Sweetleaf
Sweetener**
70 CT
Reg price \$7.49
2/\$8



Vermont Creamery
Crème Fraiche
8 oz
Reg price \$3.99
\$2.59



Grafton Village Cheese
Cheddar Trim
Reg price \$8.39/lb
\$5.39/lb

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KNOW WHAT'S IN YOUR PRODUCTS

Manufacturers of cleaning products aren't required by the U.S. government to divulge ingredients; however, many green cleaning manufacturers make it their policy to be fully transparent, whereas some conventional manufacturers don't and may only list a portion of their ingredients.

OUR CLEANERS

- A large selection of effective, hard-working products
- Clean, safe ingredients with names you understand
- Lots of plant-based options
- Gentler on skin
- Better for you, your family and the planet!

THEIR CLEANERS

- Many contain Volatile Organic Compounds (VOCs) chemicals that you breathe in as you clean.
- Have harsh perfumes, chemicals and surfactants.
- Are rough on the environment.



Alba Botanica
**3-in-1
Pineapple
Towelettes**
30 CT
Reg price \$5.99

2/\$10



Boericke & Tafel
**Arniflora
Arnica Gel**
1 OZ
Reg price \$6.29

2/\$10



Giovanni Hair Care
Products
**Tea Tree
Triple Treat
Shampoo**
8.5 FL OZ
Reg price \$7.19

2/\$12



Kiss My Face
**Kids Mineral
Sunblock, SPF
30**
4 FL OZ
Reg price \$13.49

\$9.99

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Boericke & Tafel
Arniflora
Arnica Gel
 2.75 OZ
 Reg price \$11.69

\$9.99



Giovanni Hair Care Products
**Tea Tree Triple
 Treat Conditioner**
 8.5 FL OZ
 Reg price \$7.19

2/\$12



Lily Of The Desert
**Organic Whole
 Leaf Aloe Vera
 Juice**
 32 FL OZ
 Reg price \$10.09

\$7.49



Lily Of The Desert
**Organic
 Whole Leaf
 Aloe Vera Gel**
 32 FL OZ
 Reg price \$8.89

\$6.49



Orgain
**Organic
 Chocolate
 Nutritional
 Shakes**
 4/11 FL OZ
 Reg price \$13.79

\$9.99



Orgain
**Vegan Vanilla
 Nutritional
 Shake**
 11 FL OZ
 Reg price \$3.29

2/\$5



Frontier Herb
**Bulk
 Pickling
 Spice**
 Save \$6/lb!

\$11.99/lb



Kiss My Face
**Tattoo Shade
 Sunscreen**
 3 FL OZ
 Reg price \$8.49

\$6.99



Orgain
**Vegan
 Chocolate
 Nutritional
 Shake**
 11 FL OZ
 Reg price \$3.29

2/\$5



Green Mountain
 Gringo
**Fire Roasted
 Garlic Salsa**
 16 OZ
 Reg price \$4.99

2/\$7



Good Health
**Veggie Stix
 with Sea Salt**
 6.75 OZ
 Reg price \$3.79

2/\$6



Cucina Antica
**Organic Cesar
 Dressing**
 8 FL OZ
 Reg price \$3.99

2/\$6

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Tierra Farms
Organic Dried Cranberries
 Reg price \$10.99/lb

\$9.49/lb



Tierra Farms
Organic Roasted and Salted Cashews
 Reg price \$13.99/lb

\$12.99/lb



Tierra Farms
Organic Goji Berries
 Reg price \$24.99/lb

\$21.99/lb



Tierra Farms
Organic Roasted and Salted Pumpkin Seeds (Pepitas)
 Reg price \$6.99/lb

\$5.99/lb



Tierra Farms
Organic Thompson Raisins
 Reg price \$4.69/lb

\$4.29/lb



Lundberg
Organic Sushi Rice
 Reg price \$2.99/lb

\$2.49/lb



Lundberg
Organic Wild Rice Blend
 Reg price \$5.69/lb

\$4.69/lb



Vermont Coffee Co.
Organic Italian Rustica
 Reg price \$10.99/lb

\$8.99/lb



Organic Bulk
Great Northern Beans
 Reg price \$2.69/lb

\$2.29/lb



Organic Bulk
Yellow Popcorn
 Reg price \$1.99/lb

\$1.49/lb



Tierra Farms
Grind Your Own Organic Cashew Butter
 Reg price \$10.99

\$9.49/lb



Arcade Snacks
Vegetable Chips
 Reg price \$9.99/lb

\$8.99/lb

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Wine *and* Cheese:

Magic happens when you pair fantastic cheese with the perfect wine. We suggest **Maplebrook Farm Mozzarella** and **Zenato Pinot Grigio**. Maplebrook Farm's Mozzarella.... This is not your average, rubbery stuff! This is the creamy, smooth, moist mozzarella you love with fresh tomatoes and basil, on a crispy flatbread or in a lovely summer salad. What about Zenato Pinot Grigio? It's lemon-green in color with aromas of citrus, peach and green apples; refreshing and soft with a smooth, dry finish.

Here's another wonderful pairing: **Imported Vintage 5 year aged Gouda** from the Netherlands and **Owen Roe Yakima Red Wine**. The Yakima Red by Owen Roe is aged in French oak barrels for 20 months; this ruby red wine is a blend of varietals from vineyards in the Yakima Valley. Plum, black tea, savory herbs, cinnamon...and more flavors light up this wine! Pair with Vintage Gouda (subtly sweet, deep amber and burnt orange with a firm and flaky texture)....sit outside in the soft summer weather and enjoy life!



Maplebrook Farm
Fresh Mozzarella
Reg price 10.59/lb

\$6.69/lb



Imported
Vintage 5 yr Aged Gouda
Reg price \$14.99/lb

\$9.49/lb



Zenato
Pinot Grigio
750 ml
Reg price \$14.99

\$10.99



Owen Roe
Yakima Red
750 ml
Reg price \$42.99

\$29.99



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CHECK OUT OUR DEEP DISCOUNTS!

SAVE \$1

HONEST FIZZ
Organic Soda

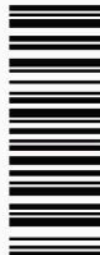
6 pack. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

DREW'S
Organic Salsa

12 oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



\$1.50 OFF

ONCE AGAIN
Organic Tahini

16 oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

GOOD HEALTH
Veggie Chips & Sticks

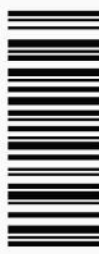
6.75 oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

DANDIES
Marshmallows

Mini and regular 10 oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

EVOLUTION FRESH
Strawberry Lemonade

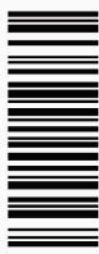
15.2 fl oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

SAN J
Assorted Cooking Sauces

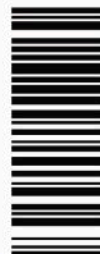
10 fl oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



SAVE \$1

FLOURISH
Any Shampoo or Conditioner

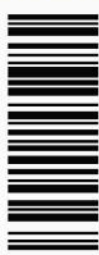
9 fl oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



SAVE \$2

TOFUTTI
Totally Fudge Pops

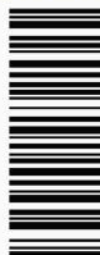
21 oz. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



50¢ OFF

FIELD DAY
Paper Towel 3 Pack

180 ct. Good through 8.4.2015. No cash value; one-time use only; cannot be combined with other offers; one per customer, per transaction. Good at Healthy Living Market & Cafe only.



Health Warrior
Coconut Chia Bar
.88 OZ
Reg price \$1.59

\$1.25



Nature's Path
Organic Mesa Sunrise Flakes
26.4 OZ
Reg price \$7.49

\$6.49



Sweet Leaf Tea
Organic Teas
16 FL OZ
Select varieties
Reg price \$1.99

2/\$3



Garden Of Eatin'
Red Hot Blue Corn Chips
8.1 OZ
Reg price \$3.79

2/\$6

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