



Amazing Weekly
SAVINGS

DECEMBER 27 - JANUARY 2

PRODUCE

save
\$1⁰⁰

Organic
Envy Apples
\$2.99/lb

save
50¢

Organic
Celery
\$1.99/ea

save
\$1⁵⁰

Organic
Mangoes
\$2.99/ea

save
\$2⁰⁰ /lb

Fresh
Brussels Sprouts
\$2.99/lb

save
50¢

Organic
Baby Carrots
\$1.49/16 oz

save
50¢

Organic
Sweet Onions
\$1.49/lb



BULK

save
30¢ /lb

Bulk Commodity
Organic Gluten Free
Rolled Oats
\$2.19/lb

save
50¢ /lb

Bob's Red Mill
Gluten Free
1 To 1 Baking Flour
\$2.49/lb

MEAT & SEAFOOD

save
\$1⁰⁰

Plainville Farms
White Ground Turkey
\$4.49/16 oz

save
50¢

Bella Bella
Magret Duck Breast
Single
\$13.79/lb

save
\$1⁰⁰

Niman Ranch
BBQ Pulled Pork
\$8.99/14 oz

save
\$1⁰⁰

Wild Caught
Sockeye Salmon
Previously Froz
\$14.99/lb



CAFÉ

Need to warm up?

**Choose from our
selection of delicious soups!**

made fresh daily!



\$3²⁵ /8 oz

\$4²⁵ /16 oz

BEER & WINE

save
\$5⁰⁰

Kris
Pinot Grigio
\$9.99/750 ml

save
\$4⁰⁰

Veuve Clicquot Ponsardin
Brut Champagne
\$59.99/750 ml

save
\$13⁰⁰

Owen Roe
Yakima Red
\$29.99/750 ml

save
\$5⁰⁰

Mumm
Brut Prestige
\$19.99/750 ml



CHEESE

save
\$1⁷⁰ /lb

Van Kaas
Red Wax Gouda
\$5.29/lb

save
\$2⁰⁰ /lb

Healthy Living
Brown Bottle Cheddar Slices
\$12.99/lb

REFRIGERATED

save
80¢

Siggi's
Drinkable Yogurt
select varieties
\$2.99/32 fl oz

save
\$1⁰⁰

Heidi Ho
Vegan Cheeze
select varieties
\$2.99/size and retails vary

save
70¢

Dr Praeger's
Littles
select varieties
\$3.29/10 oz

save
\$1⁰⁰

Shelton
Turkey Meatballs
select varieties
\$4.99/10 oz

2 for
\$4⁰⁰

Earth Balance
Buttery Spreads
select varieties
\$3.79/various sizes

save
\$1⁰⁰

Organic Valley
Organic Blue Cheese Crumbles
select varieties
\$3.49/4 oz



WELLNESS & BODY

save
\$17⁰⁰

Source Naturals
Wellness Formula
\$29.99/180 ct

save
\$1⁴⁰

Urban Moonshine
Hit The Hay Sleep Support Shot
\$3.99/0.5 fl oz

save
\$6⁰⁰

Gaia Herbs
Kids Bronchial Wellness Syrup
\$13.99/3 fl oz

save
\$5⁰⁰

Country Life
Charcoal Powder
select varieties
\$14.99/5 oz

GROCERY

save
\$1⁵⁰

Knudsen
Organic Sparkling Apple Juice
\$3.49/25.4 fl oz

save
60¢

Pastifico G Di Martino
Pasta
\$2.29/16 oz

save
50¢

Carr's
Crackers
\$3.49/sizes vary

save
60¢

Good Health
Avocado Oil Potato Chips
\$2.89/5 oz

save
50¢

Sir Kensington's
Spicy Brown, and Dijon Mustard
\$4.99/11 oz

3 for
\$5⁰⁰

San Pellegrino
Sparkling Mineral Water
you save 96¢/25.3 fl oz

