Amazing Weekly SAVINGS

May 15 - May 21

PRODUCE

save $2.00 — Organic **Raspberries** $3.99/6 oz

save $2.00 — Organic **Rhubarb** $3.99/lb

save $2.00 — Organic **Blueberries** $3.99/1 pint

save $1.00 — Organic **Lacinato Kale** $1.99/ea

save $1.00 — Organic **Yellow California Peaches** FIRST HARVEST $3.99/lb

save $2.50 — Organic **Romaine Hearts** $2.49/3 pack

2 for $3.00 Organic Tommy Atkins Mangoes you save $1.98

Save 50¢/lb Arcade Snacks Natural Chocolate Sunflower Seeds $6.99/lb

BULK

save $1.00/lb — Essential HL **Roasted Salted Almonds** $12.99/lb

save 50¢/lb — Battenkill Wholesome Foods **Battenkill Brittle** $14.49/lb

MEAT & SEAFOOD

save 50¢ — Niman Ranch **Applewood Smoked No Sugar Bacon** $8.49/12 oz

save 50¢ — Smart Chicken **Organic Boneless Skinless Breast** $10.99/lb

save 50¢ — Applegate Organics **Organic Black Forest Ham** $6.49/6 oz

save $1.00 — Wild Caught **Lemon Sole** $16.49/lb

Save $3.00 Henry & Lisa Natural Seafood White Florida Shrimp $12.99/8 oz

CAFÉ & BAKESHOP

save 80¢ — Essential HL **Banana Walnut Spelt Bread** $4.99/12 oz

save 50¢ — Essential HL **Edamame Corn Salad** $7.49/lb

save $1.00 — Essential HL **Basil Pesto** $6.95/7 oz

ARE YOU A CORE SHOPPER?

CORE SHOPPER

- Save an additional 10% off sale items* *Exclusions may apply
- Exclusive promotions
- Special daily deals
- Cool surprises and free stuff!

Sign up at checkout or Guest Services today!

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Terms and conditions subject to change. All promotional items while supplies last, and not all products will be available in all locations. Sorry, no rain checks. Please contact us for current price and availability.

BEER & WINE

sales good through 6/4/19

save $2.00 — *Chateau De Seuil* **La Chapelle Rosé** $17.99/750 ml

save $2.00 — *Hand Work* **Tempranillo** $11.99/1000 ml

save $4.00 — *Chateau De Trinquevedel* **Tavel Rosé** $17.99/750 ml

save $4.00 — *Ribbonwood* **Sauvignon Blanc** $14.99/750 ml

Save $20.00 Bodegas Ego **Goru 18M** $19.99/750 ml

Save $1.00 /lb Point Reyes **Toma** $16.99/lb

CHEESE

sales good through 6/4/19

2 for $7.00 — *Rio Briati* **Ciligene** you save $1.58/8 oz

save 50¢ — *Gopi* **Paneer** $5.49/8 oz

REFRIGERATED

sales good through 6/4/19

save 30¢ — *Udi's* **Gluten Free Breads** *select varieties* $4.99/sizes vary

save 50¢ — *Caulipower* **Pizzas** *select varieties* $7.49/sizes vary

save $1.00 — *Picnik* **Butter Coffee Creamer** $4.99/25.36 fl oz

save $1.00 — *Siggi's* **Triple Cream Skyr** $3.99/16 oz

2 for $7.00 — *Vermont Tortilla Company* **Tortillas** *select varieties* you save $2.98/sizes vary

save $1.20 — *Kitu* **Ketogenic Creamers** *select varieties* $4.79/25.54 fl oz

Save $1.00 Just **Cookie Doughs** select varieties $5.99/14 oz

WELLNESS & BODY CARE

sales good through 6/4/19

Save $10.00 Upstate Elevator **10 mg CBD Gummies** $39.99/50 ct

save $1.00 — *All Terrain* **Herbal Armor Natural Insect Repellent** $7.99/4 fl oz

save $3.00 — *Weleda* **Sea Buckthorn Body Lotion** $15.99/6.8 oz

save $1.00 — *Schmidt's Naturals* **Bergamot & Lime Body Wash** $9.99/16 fl oz NEW

save $7.00 — *Nordic Naturals* **Ultimate Omega 2x Minis** $27.99/60 ct

GROCERY

sales good through 6/4/19

save 70¢ — *Fine Cheese Co.* **Cheese Pairing Crackers** $4.69/4.4 oz

save $1.00 — *Spindrift* **Fruit Flavored Sparkling Water 8 Packs** $5.99/96 fl oz

save 49¢ — *Barbara's* **Cheese Puffs** $2.50/7 oz

save 49¢ — *Late July* **Organic Tortilla Chips** $3.00/11 oz

save 50¢ — *Late July* **Salsa** $3.49/15.5 oz

save 49¢ — *Kettle* **Kettle Cooked Potato Chips** $2.50/sizes vary

Save $1.00 Lillies Q **BBQ Sauces** $7.49/20 fl oz

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