



Amazing Weekly SAVINGS

October 9 - October 15

PRODUCE

save **\$1⁰⁰** Organic Golden Delicious Fuji and Gala Apples \$1.49/lb

save **\$2⁰⁰** Organic Sweetango and Honeycrisp Apples \$2.99/lb

save **70¢** Organic Red Pears \$2.29/lb

save **\$2⁰⁰** Organic Ginger \$1.99/lb

save **50¢** Organic Bartlett Pears \$1.99/lb

save **\$1⁰⁰** Organic Green Beans \$1.99/lb

2 for \$6⁰⁰
Organic Cauliflower
you save \$3.98 when you purchase 2

CORE SHOPPER EXCLUSIVE

Save **70¢** /lb
Bulk Commodity Organic Medium Shredded Coconut \$2.69/lb

BULK

save **20¢** /lb Golden Extra Fine White Sugar 69¢/lb

save **\$1⁰⁰** /lb Essential HL Organic Maple Ginger Cashews \$14.89/lb

MEAT & SEAFOOD

save **\$1⁰⁰** Niman Ranch Fat Tire BBQ Pulled Pork \$9.49/14 oz

save **\$1⁰⁰** Farm Raised Canadian Salmon \$11.99/lb

save **\$1⁰⁰** Applegate Organics Organic Sunday Bacon \$8.99/8 oz

save **50¢** Applegate Organics Organic Black Forest Ham \$6.49/6 oz

Save **\$5⁰⁰**
Niman Ranch Fat Tire BBQ Spareribs \$14.99/25 oz

CAFÉ & BAKESHOP

save **\$1⁷⁰** Essential HL Made-Without-Gluten Mac & Cheese \$9.29/lb

save **60¢** Essential HL Cranberry Grains Salad \$6.59/lb

save **60¢** Essential HL Maple Walnut Bread \$5.19/15 oz



ARE YOU A CORE SHOPPER?



- Save an extra 10% off many of our sale items*
*Exclusions apply
- Exclusive promotions
- Special daily deals
- Cool surprises and free stuff!

Sign up at checkout or Guest Services today! 

BEER & WINE

save
\$3⁰⁰
La Luca
Prosecco
\$9.99/750 ml

save
\$13⁰⁰
Owen Roe
Yakima Red
\$29.99/750 ml

save
\$8⁰⁰
Landmark
Overlook Chardonnay
\$21.99/750 ml

save
\$3⁰⁰
Folkway
Revelator Red
\$19.99/750 ml



CHEESE

save
50¢ /lb
Finlandia
Swiss Cheese
Cuts or Sliced
\$10.99/lb

save
\$1⁰⁰ /lb
Imported
Cave Aged
Emmenthaler
\$18.99/lb
CORE SHOPPER
DEAL!

REFRIGERATED

2 for
\$10⁰⁰
Raised Gluten Free
Gluten Free
Pies
you save \$3.98/sizes vary
CORE SHOPPER
DEAL!

save
50¢
Halo Top
Ice Cream &
Frozen Desserts
\$4.49/pint

save
\$1⁵⁰
American Flatbread
Pizzas
retails vary/sizes vary
CORE SHOPPER
DEAL!

save
50¢
Alexia
Fries
retails vary/sizes vary

2 for
\$6⁰⁰
GT's
Organic
Kombucha
you save \$1.58/16 fl oz

5 for
\$5⁰⁰
Brown Cow
Yogurt
you save 45¢/5.3 oz



WELLNESS & BODY CARE

save
\$4⁴⁰
Garden Of Life
MyKind Elderberry Syrup
\$21.99/6.6 fl oz

save
\$2⁰⁰
Acure
Everyday Eczema
Unscented Lotion
\$9.99/8 fl oz

save
\$2⁰⁰
Good Day Chocolate
Kid's Chocolate
with Calm
\$15.99/50 ct

save
\$1⁰⁰
Mrs. Meyers
Rainwater Seasonal
Hand Soap
\$3.99/12.5 fl oz

GROCERY

save
50¢
Cascadian Farms
Organic Cereals
\$3.99/sizes vary

save up to
\$2⁰⁰
Pantenger
Teas
retails vary/sizes vary

save
\$1⁰⁰
Purely Elizabeth
Gluten Free Granola
\$5.89/12 oz

save
50¢
Pacific
Organic Soups
\$2.99/17oz & 17.6 oz

save
50¢
Que Pasa
Tortilla Chips Blue
\$2.99/sizes vary

save
\$1⁰⁰
Mike's Organic
Curry Love
Organic Curry Sauces
\$4.99/8.8 oz
CORE SHOPPER
DEAL!

