

 *Amazing Weekly*
SAVINGS
 November 13 - November 19

PRODUCE

2 for
\$5⁰⁰
 Organic
Artichokes
 you save \$2.98 on 2

save
\$2⁰⁰
 Organic
Asparagus
 \$6.99/1 lb

save
\$1⁰⁰
 Organic
Granny Smith Apples
 \$1.99/1 lb

save
\$1⁰⁰
 Organic
Ginger
 \$2.99/1 lb

save
50¢
 Organic
Red Anjou Pears
 \$2.49/1 lb

save
\$1⁵⁰
 Organic
Red Seedless Grapes
 \$3.49/1 lb



BULK

save
20¢ /lb
 Light Brown
Sugar
 79¢/lb

save
50¢ /lb
 Bob's Red Mill
Baking Flour 1 to 1
 \$2.49/1 lb

MEAT & SEAFOOD

save
50¢
 Bella Bella
Margaret Duck Breast
 \$13.49/lb

save
50¢
 Thousand Hills
Ribeye
 \$13.49/8 oz

save
\$1⁰⁰
 Henry & Lisa Natural Seafood
Florida White Shrimp
 \$14.99/lb

save
\$1⁰⁰
 Dakota Organics
Organic Ground Beef 90/10
 \$9.99/16 oz



CAFÉ & BAKESHOP

save
50¢
 Essential HL
Lotta Love Bars
 \$2.49/4 oz

save
\$1⁰⁰
 Essential HL
Brownie Bites
 \$5.79/6 oz

save
\$1⁰⁰
 Essential HL
Asian Chicken Salad
 \$12.99/1 lb



ARE YOU A CORE SHOPPER?



- ⊗ Save an extra 10% off many of our sale items*
 *Exclusions apply
- ⊗ Exclusive promotions
- ⊗ Special daily deals
- ⊗ Cool surprises and free stuff!

Sign up at checkout or Guest Services today! 

BEER & WINE

sales good through 12/3/19

save
\$3⁰⁰ Domaine Lafage
Narassa Grenache Syrah
\$16.99/750 ml

save
\$1⁰⁰ Novellum
Chardonnay
\$12.99/750 ml

save
\$8⁰⁰ Domaine Reuilly
Blanc Fossiles
\$15.99/750 ml

save
\$1⁰⁰ The Fable
Cabernet Sauvignon
\$12.99/750 ml



CHEESE

sales good through 12/3/19

save
\$1⁰⁰ /lb Imported
Gruyere
\$17.99/lb

save
\$1⁰⁰ /lb Spring Brook Farm
Reading Raclette
\$16.99/lb

REFRIGERATED

sales good through 12/3/19

2 for
\$5⁰⁰ Cascadian Farms
Organic Vegetables
you save up to 98¢

2 for
\$7⁰⁰ Daiya
Plant Powered Shreds
you save \$2.98

save
\$1⁰⁰ Quorn
Meatless Roast Turkey
\$6.99/16 oz

save
\$1⁰⁰ Schar
Gluten Free Puff Pastry
\$5.99/17.6 oz

\$1⁰⁰ off Earth Balance
Plant Based
Buttery Spreads
sizes and retails vary

2 for
\$6⁰⁰ American Flatbread
Frustas
you save \$1.98/sizes vary



WELLNESS & BODY CARE

sales good through 12/3/19

save
\$2⁰⁰ Andalou Naturals
Clementine Ginger
Body Lotion
\$7.99/8 fl oz

save
\$1⁰⁰ Desert Essence
Coconut Oil Pulling Rinse
\$8.49/8 fl oz

save
\$1⁰⁰ Evolution Salt
Tea Light Candle Holder
\$3.99/ea

save
\$2⁵⁰ Herb Pharm
Alcohol Free Black
Elderberry
\$11.99/1 fl oz

GROCERY

sales good through 12/3/19

save
50¢ Saffron Road
Roasted Chickpea Snacks
\$3.49/6 oz

save
50¢ From the Ground Up
Gluten Free Butternut
Squash Crackers
\$2.99/4 oz

2 for
\$3⁰⁰ Muir Glen
Organic Tomatoes
you save 49¢

save
\$1⁰⁰ Fever Tree
Cocktail Mixers 4 pk
\$5.99/27.2 fl oz

save
40¢ Mike's Mighty Good
Ramen, and Ramen Cups
\$1.79/sizes vary

save
50¢ Back To Nature
Crackers
\$2.99/8 oz

