

PRODUCE

4 for \$500 Organic Grapefruit you save \$2.96

Organic

save \$700

Satsuma Mandarin

Oranges \$2.49/ea

save

Organic Green Kale \$2.29/ea

save \$700 Organic Cauliflower \$3.99/ea

save \$700 Organic

Red, Orange, and Yellow Bell Peppers

\$4.99/lb

save \$700 Organic Japanese Sweet

Potatoes \$1.99/lb

DEAL!

Buy one, Get one FREE Organic Mangoes you save \$2.99

Save Bulk Commodity Organic White Quinoa \$3.19/lb

BULK

save 30¢/lb Bulk Commodity Organic Pearled Barley \$1.49/lb

save

Essential HL **Organic Sultana** Raisins \$3.69/lb

MEAT & SEAFOOD

saue 80¢

Orca Bay Swordfish Steak \$7.49/10 oz

save \$700 Organic Prairie

Organic Beef Hot Dog \$7.99/10 oz

save 4300

Niman Ranch **BBQ Pulled Pork** \$8.99/14 oz

save

Bilinski

Organic Herb Mushroom Chicken Sausage

\$7.99/12 oz



CAFÉ & BAKESHOP

save

Essential HL **Cream Cheese Brownie Bites**

\$6.19/6 oz

save

Essential HL

Roasted Corn Salad \$5.99/1 lb

save

Essential HL

Peanut Butter Bar

\$2.49/4 oz



ARE YOU A CORE SHOPPER?



- 👸 Save an extra 10% off many of our sale items* *Exclusions apply
- Exclusive promotions
- ĕ Special daily deals
- Cool surprises and free stuff!

Sign up at checkout or Guest Services today!



BEER & WINE

save \$100 Castellare

Chianti Classico \$19.99/750 ml

save

Bastide Miraflors

Vieilles Vignes Syrah/Grenache \$15.99/750 ml

\$700

save

Domaine Thevenet & Fils

Bourgogne Rouge \$17.99/750 ml

save \$_100 Altesino Brunello Di Montalcino

\$59.99/750 ml





CHEESE

save

Imported

Grana Padano DEAL! \$13.29/lb

save

Neighborly Farms Organic Monteray Jack

/lb \$15.49/lb

REFRIGERATED

save

Healthade

Organic Kombucha Growler

\$12.99/64 fl oz

DEAL!

2 for **\$7**00 Annie Chuns

Organic Potstickers you save 98¢/7.6 oz

save \$700 Little Northern Bakehouse

Gluten Free Breads

\$4.00/sizes vary

CORE SHOPPER DEAL! \$4.99/sizes vary

save **\$7**00 Miso Master

Organic Miso retails vary/16 oz

save **50**¢

Quorn **Plant Entrees** \$3.99/sizes vary save

Rumiano **Organic Cheeses** \$3.99/8 oz





WELLNESS & BODY CARE

save

save

Acure

Charcoal Lemon Cleansing Clay

\$10.99/4 fl oz

Plant Fusion

Keto 1:1 Unflavored Protein \$36.99/10.22 oz

save

Desert Essence Jojoba & Sweet **Almond Body Oil** \$14.99/8.28 fl oz

save

Essential HL **Dandelion Extract** \$8.99/1 fl oz

GROCERY

save

Ever & Ever

Sparkling & Still Water \$1.50/16 fl oz

save

Simple Mills

Gluten Free Almond Meal Crackers \$4.29/4.25 oz

save

Mi Nina **Tortilla Chips** \$4.49/12 oz

save

Sir Kensington's **Special Sauce** \$4.99/10 oz

save

Good To Go **Keto Bars** \$2.49/1.4 oz

save

Muir Glen Organic Salsa \$3.49/16 oz

