



AMAZING WEEKLY SAVINGS

April 8 - April 14

GROCERY

save
80¢

Simple Mills
Gluten Free Pita Crackers
\$3.99/4.25 oz

save
\$2⁰⁰

O-Live & Co
Extra Virgin Olive Oil
\$8.99/16.9 fl oz

2 for
\$6⁰⁰

Made Good
Gluten Free Crispy Squares
\$3.00/4.6 oz

save
49¢

Bionaturae
Organic Pastas: Whole Wheat, Gluten Free, Classic
retails vary/sizes vary

BULK

save
\$2⁰⁰

Essential HL
Organic Raw Brazil Nuts
\$15.49/lb

save
\$1⁰⁰/lb

Essential HL
Organic Roasted Unsalted Mixed Nuts
\$14.99/lb

CHILLED

2 for
\$6⁰⁰

So Delicious
Cocowhip
\$1.98/9 oz

3 for
\$5⁰⁰

Lifeway
Organic Plant Based Probiotics
\$1.86/8 fl oz

save
\$1⁰⁰

Califia Farms
Almond Milks
\$3.99/48 fl oz

WELLNESS

save
50¢

Preserve
Kid's Soft Toothbrush
\$2.99/ea

save
\$2⁰⁰

Shikai
Coconut Hand & Body Lotion
\$7.99 /8 fl oz

CHEESE

save
\$2⁰⁰

Nettle Meadow
Mini Kunik
\$6.49/4 oz

MEAT & SEAFOOD

save
\$2⁰⁰

North Country Smokehouse
Organic Ham Spiral Cut Ham
\$7.99/1 lb

save
50¢

Handy Crab
Handy Crab Cakes
\$9.49/6 oz

save
50¢

Organic Valley
Hardwood Smoked Bacon
\$8.49/8 oz

save
50¢

Boyden Farm Limited Reserve
Ground Beef In House
\$8.49/1 lb

save
\$2⁰⁰

Boyden Farm Limited Reserve
NY Strip Steak
\$19.99/1 lb

BEER & WINE

save
\$2⁰⁰

Chateau Ducasse
White Bordeaux
\$14.99/750 ml

save
\$2⁰⁰

Montevetrano
Rosé
\$9.99/750 ml

save
\$9⁰⁰

Ridge
Three Valleys
\$21.99/750 ml

save
\$3⁰⁰

Second Wind
Sauvignon Blanc
\$8.99/750 ml

save
\$6⁰⁰

Skinner Vineyards
Smitherines White
\$13.99/750 ml

Sales Key:

10% DISCOUNTS

CORE SHOPPER

EVERYDAY SALES

10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

PRODUCE

save
\$2⁰⁰
Organic
Raspberries
\$3.99 /6 oz

2 for
\$5⁰⁰
Fresh
Pineapples
you save 98¢

save
\$5⁰⁰
Organic
Asparagus
\$3.99 /1 lb

save
50¢
Organic
Green Beans
\$2.99 /1 lb

save
\$2⁰⁰
Organic
Brussels Sprouts
\$3.99 /1 lb

GROCERY

save
\$1⁵⁰
Flower & White
Meringue Drops
\$5.49 /3.5 oz

CHEESE

save
\$1⁰⁰ /lb
Imported
Gruyere
\$17.99 /lb

WELLNESS

save
\$1⁵⁰
Andalou
**Cannacell
SPF30 Sunbuddy**
\$13.49 /2.7 fl oz

CHILLED

save
\$1⁰⁰
Wallaby
**Organic
Greek Yogurt**
\$6.99 /32 oz

save
50¢
Green Valley Creamery
**Organic Lactose
Free Sour Cream**
\$3.29 /12 oz

CAFÉ

save
\$2⁰⁰
Essential HL
Mac & Cheese
\$10.99 /10 oz

save
80¢
Essential HL
Hot Cross Buns
\$ 7.49 /14 oz

save
\$3⁰⁰
Essential HL
**Coconut Cake
with Lemon Curd**
\$22.99 /32 oz

CORE SHOPPER EXCLUSIVES

CHEESE

save
\$2⁰⁰ /lb
Imported
**Shredded
Parmesan**
\$6.99 /lb

GROCERY

save
70¢
Angies
**Boom Chica Pop
Popcorn**
\$2.29 /11 oz

save
\$1⁰⁰
Navitas
**Cacao Powder
Blends: Longevity,
Antioxidant, Keto**
\$9.99 /8 oz

WELLNESS

save
\$1⁰⁰
Dr. Bronner's
**Organic Castile Soap
- All Varieties**
\$5.99 /8 fl oz

CHILLED

2 for
\$8⁰⁰
Gardein
Plant Meals
save up to \$8.00 /sizes vary

save
\$1⁵⁰
Sambazon
**Organic Acai
Smoothie Packs**
retails vary /14.12 oz

PRODUCE

save
\$2⁰⁰
Organic
Strawberries
\$5.99 /16 oz

save
\$1⁰⁰
Organic
Blueberries
\$3.99 /6 oz

Sales Key:

10% DISCOUNTS

CORE SHOPPER

EVERYDAY SALES

We're doing our best to keep our shelves stocked & abundant for our guests. Please bear with us as we deal with out of stock issues from suppliers.

If you're looking for something specific & want to know if we have it, just give us a call!