AMAZING (WEEKLY SAVINGS April 8 - April 14

GROCERY

saue **80**¢

Simple Mills **Gluten Free Pita Crackers** \$3.99/4.25 oz

save \$700

Extra Virgin Olive Oil \$8.99/16.9 fl oz

O-Live & Co

2 for \$600 Made Good **Gluten Free Crispy Squares** \$3.00/4.6 oz

save **⊿9**¢

Organic Pastas: Whole Wheat, **Gluten Free**, Classic retails vary/sizes vary

Bionaturae

BULK

save \$700

Essential HL **Organic Raw Brazil Nuts** \$15.49/lb

save \$**7**00_ /lb Nuts

Essential HL **Organic Roasted Unsalted Mixed** \$14.99/lb

CHILLED

2 for

3 for

saue

\$700

save

save

\$**70**0

\$500

So Delicious Cocowhip \$600 \$1.98/9 oz

> Lifeway Organic **Plant Based Probiotics** \$1.86/8 fl oz

Califia Farms **Almond Milks** \$3.99/48 fl oz

WELLNESS

Preserve Kid's Soft **50**¢ Toothbrush \$2.99/ea

> Shikai **Coconut Hand** & Body Lotion \$7.99 /8 fl oz

CHEESE

save

Nettle Meadow Mini Kunik \$700 \$6.49/4 oz

MEAT & SEAFOOD

North Country save Smokehouse \$700 **Organic Ham Spiral Cut Ham** \$7.99/1 lb

save

save

save

save

50¢

50¢

50¢

Handy Crab

Handy Crab Cakes \$9.49/6 oz

save \$700

BEER & WINE

save

\$**7**00

Montevetrano Rosé \$9.99/750 ml

Chateau Ducasse

\$14.99/750 ml

White Bordeaux

Organic Valley Hardwood Smoked Bacon \$8.49/8 oz

save \$**0**00

Ridae **Three Valleys** \$21.99/750 ml

Boyden Farm Limited Reserve **Ground Beef** In House \$8.49/1 lb

save \$**3**00

Second Wind Sauvignon Blanc \$8.99/750 ml

Boyden Farm Limited Reserve NY Strip Steak 700 \$19.99/1 lb

save \$600

Skinner Vineyards **Smitherines White** \$13.99/750 ml

Sales Key:



EVERYDAY SALES

PRODUCE		GROCERY		CHILLED	
Organic Raspberries \$3.99 /6 oz	save \$1 50	Flower & White Meringue Drops \$5.49/3.5 oz	save \$]00	Wallaby Organic Greek Yogurt \$6.99 /32 oz	
Fresh Pineapples you save 98¢			save 50¢	Green Valley Creamer Organic Lactose Free Sour Cream \$3.29 /12 oz	
	CHEESE		CAFÉ		
Organic Asparagus \$3.99/1 lb	save \$]00 /Ib	Imported Gruyere \$17.99/lb	save \$ 200	Essential HL Mac & Cheese \$10.99/10 oz	
	WELLNES	S			
Green Beans \$2.99 /1 lb	save \$ 7 50	Andalou Cannacell SPF30 Sunbuddy \$13.49 /2.7 fl oz	save 80¢	Essential HL Hot Cross Buns \$ 7.49/14 oz	
Organic Brussels Sprouts \$3.99/1 lb			save \$ 300	Essential HL Coconut Cake with Lemon Curd \$22.99/32 oz	
ORE SHOPPE	R EXCLU	SIVES			
	WELLNESS		PRODUCE		
Imported Shredded Parmesan \$6.99/lb	save \$]00	Dr. Bronner's Organic Castile Soap - All Varieties \$5.99/8 fl oz	save \$ 200	Organic Strawberries \$5.99/16 oz	
Y	CHILLED				
Angles Boom Chica Pop Popcorn \$2.29/11 oz	2 for \$ 800	Gardein Plant Meals save up to \$8.00/sizes vary	save \$]00	Organic Blueberries \$3.99/6 oz	
Navitas Cacao Powder Blends: Longevity, Antioxidant, Keto	save \$ 1 50	Sambazon Organic Acai Smoothie Packs retails vary/14.12 oz			
	Organic Raspberries \$3.99 /6 oz Fresh Pineapples you save 98¢ Organic Asparagus \$3.99/n lb Organic Green Beans \$2.99 /n lb Organic Brussels Sprouts \$2.99 /n lb Organic Brussels Sprouts \$3.99/n lb DRE SHOPPEE Angies Boom Chica Pop Popcorn \$2.29/n oz Navitas Cacao Powder	Organic Raspberries \$3.99 /6 ozSawe \$150Fresh Pineapples you save 98¢CHEESE Sawe \$100/lbOrganic Asparagus \$3.99/1bCHEESE Sawe \$100/lbOrganic Green Beans \$2.99 /1bWELLNES Sawe \$150Organic Brussels Sprouts \$3.99/1bWELLNES Sawe \$150Organic Brussels Sprouts \$3.99/1bWELLNES Sawe \$100Organic Brussels Sprouts \$3.99/1bWELLNES Sawe \$100Organic Brussels Sprouts \$3.99/1bWELLNES Sawe \$100DRE SHOPPER EXCLU VELLNES Sawe \$100WELLNES Sawe \$100Imported Shredded Parmesan \$6.99/lbCHILLED 2 for \$800Navitas Cacao PowderSawe \$000	Organic Raspberries \$329 / 6 ozSawe \$150Flower & White Meringue Drops \$5.49/3.5 ozFresh Pineapples you save 986CHEESE Sawe \$100 / bImported Gruyere \$1799/lbOrganic Asparagus \$399 / lbCHEESE Sawe \$100 / bImported Gruyere \$1799/lbOrganic Green Beans \$2.29 / l lbSawe \$150Andalou Cannacell \$1790 / bOrganic Green Beans \$2.29 / l lbSawe \$150Andalou Cannacell \$1790 / bOrganic Brussels Sprouts \$3.99 / lbSawe \$100Dr. Bronner's Organic Castile Soap \$100Pressels Sprouts \$3.99/l bSawe \$100Dr. Bronner's Organic Castile Soap \$100Maported Sproka Parmesan \$3.99/lbCHILLED \$2.99/lbDr. Bronner's Stare bas \$2.99/lbV Angies Boom Chica Pop Popcorn \$2.29/lt ozCHILLED \$800Gardein Plant Meals \$ave up to \$8.00/sizes varyNavitas Cacao PowderSawe \$200Sambazon Organic Astile Acid	Organic Raspberries 3309 /6 oz Sawe \$150 Flower & White Meringue Drops \$5.49/55 oz Sawe \$100 Fresh Pincapples you save 08t CHEESE Sawe Sawe Sawe 50° Sawe 50° Organic Asparagus 3309 /h b Sawe Sawe \$100 /h Sawe Gruyere strogolib Sawe 50° Organic Asparagus 3309 /h b Sawe \$100 /h Imported Gruyere strogolib Sawe \$200 Organic Green Beans \$209 /h b WELLNESS \$150 Andalou Cannacell SPF30 Sunbuddy \$15.49 /2/fl oz Sawe \$300 Organic Brussels Sprouts \$309/h b WELLNESS \$150 Andalou Cannacell SPF30 Sunbuddy \$15.49 /2/fl oz Sawe \$300 Organic Brussels Sprouts \$309/h b WELLNESS Save/2/fl oz Sawe \$300 VellNESS Parmesan \$400 /h b Dr. Bronner's Organic Castile Soap \$300/h oz Sawe \$200 Value Angies Boon Chica Pop Popcorn \$2.29/h oz Dr. Bronner's \$300 Sawe \$200 Value Angies Boon Chica Pop Popcorn \$2.29/h oz Sawe \$300 Sawe \$300 Navitats Cacao Powder Sawe \$300 Sambazon Sambazon	

If you're looking for something specific & want to know if we have it, just give us a call!

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EVERYDAY SALES