



# AMAZING WEEKLY SAVINGS

## September 16 - September 22

### GROCERY

*save*  
**\$1<sup>00</sup>**  
Primal Kitchen  
**Marinara & Dairy-Free Alfredo Sauces**  
\$6.99/sizes vary

*save*  
**\$1<sup>00</sup>**  
Bragg  
**Liquid Aminos**  
\$3.79/16 fl oz

*save*  
**\$1<sup>00</sup>**  
Waterloo  
**Flavored Sparkling Waters**  
\$4.49/144 fl oz

*save*  
**50¢**  
EnviroKidz  
**Organic Kids Cereal**  
\$3.49/10 oz

### BULK

*save*  
**\$1<sup>00</sup>** /lb  
Essential HL  
**Organic Raw Trail Mix**  
\$10.99/lb

*save*  
**\$4<sup>00</sup>** /lb  
Essential HL  
**Organic Raw Pistachio Meats**  
\$23.99/lb

*save*  
**\$1<sup>00</sup>** /lb  
Back Roads Granola  
**Organic Granola**  
retails vary/lb

### BEER & WINE

*save*  
**\$8<sup>00</sup>**  
Balvenie  
**Scotch 12 Yr Doublewood**  
\$61.99/750 ml

*save*  
**\$3<sup>00</sup>**  
Borgo Scopeto  
**Chianti Classico**  
\$15.99/750 ml

*save*  
**\$8<sup>00</sup>**  
Daou  
**Cabernet Sauvignon**  
\$23.99/750 ml

*save*  
**\$8<sup>00</sup>**  
Monkey 47  
**Gin**  
\$36.99/375 ml

*save*  
**\$2<sup>00</sup>**  
Sean Minor  
**Cabernet Sauvignon**  
\$15.99/750 ml

### CHILLED

*save*  
**\$2<sup>00</sup>**  
Cascadian Farms  
**Organic Fruit**  
\$9.99/sizes vary

*save*  
**\$1<sup>00</sup>**  
Good Culture  
**Organic Cottage Cheese**  
retails vary/16 oz

*2 for*  
**\$8<sup>00</sup>**  
Halo Top  
**Ice Cream**  
you save \$1.98

*save*  
**\$1<sup>00</sup>**  
Earth Balance  
**Plant-Based Butter Spreads**  
retails vary/sizes vary

### CHEESE

*save*  
**50¢**  
Maplebrook  
**Ricotta**  
\$4.49/16 oz

### MEAT & SEAFOOD

*save*  
**50¢**  
Hardwick Beef  
**Ground Beef (Pre-packed)**  
\$9.49/1 lb

*save*  
**\$3<sup>00</sup>**  
Black River  
**Hot Italian Sausage Links**  
\$7.99/1 lb

*save*  
**\$4<sup>00</sup>**  
Wild Caught  
**Swordfish**  
\$15.99/lb

*save*  
**\$3<sup>00</sup>**  
Reunion  
**Organic NY Strip**  
\$9.99/10 oz

*save*  
**\$2<sup>00</sup>**  
Reunion  
**Organic Top Sirloin**  
\$7.99/10 oz

### WELLNESS

*save*  
**\$1<sup>00</sup>**  
Andalou Naturals  
**Shampoo Sunflower Citrus**  
\$8.99/11.5 fl oz

*save*  
**\$1<sup>00</sup>**  
Andalou Naturals  
**Conditioner Sunflower Citrus**  
\$8.99/11.5 fl oz

MORE AMAZING SALES →

Sales Key:

10% DISCOUNTS

EVERYDAY SALES

CORE SHOPPER

# 10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

## PRODUCE

save  
**\$1<sup>00</sup>**  
Organic  
**Baby Broccoli**  
\$2.99 each

2 for  
**\$4<sup>00</sup>**  
Organic  
**Celery**  
you save 98¢

save  
**\$1<sup>00</sup>**  
Fresh  
**Asparagus**  
\$2.99/lb

save  
**\$1<sup>00</sup>**  
Organic  
**Raspberries**  
\$4.99/6oz

save  
**50¢**  
Organic  
**Pink Lady Apples**  
\$2.49/lb

save  
**\$1<sup>00</sup>**  
Organic  
**Red, Green And Black  
Seedless Grapes**  
\$3.99/lb

## GROCERY

save  
**\$1<sup>00</sup>**  
From The Ground Up  
**Cauliflower  
Tortilla Chips**  
\$2.49/4.5 oz

save  
**29¢**  
Tasty Bite  
**Heat And Eat Rices**  
\$2.00/8.8 oz

2 for  
**\$4<sup>00</sup>**  
San Marzano  
**San Marzano Tomatoes**  
you save 98¢

## CAFÉ

save  
**80¢**  
Essential HL  
**Cranberry Quinoa**  
\$7.99/lb

save  
**\$1<sup>20</sup>**  
Essential HL  
**Garlic Grilled Chicken**  
\$14.79/lb

save  
**60¢**  
Essential HL  
**Espresso Eclair**  
\$2.99/2 oz

## CHILLED

save  
**80¢**  
Evol Foods  
**Frozen Entrees**  
\$3.99/sizes vary

save  
**80¢**  
Light Life  
**Tempeh Bacon**  
\$3.99/6oz

## CHEESE

save  
**50¢/lb**  
Imported  
**Grated Pecorino**  
\$6.49/lb

## WELLNESS

save  
**\$2<sup>00</sup>**  
Essential HL  
**Probiotic 35 Billion**  
\$26.99/30 ct

save  
**\$2<sup>00</sup>**  
Essential HL  
**Probiotic 35 Billion**  
\$47.99/60 ct

# CORE SHOPPER EXCLUSIVES

## PRODUCE

save  
**\$2<sup>00</sup>**  
Organic  
**Brussels Sprouts**  
\$3.99/lb

2 for  
**\$6<sup>00</sup>**  
Koia  
**Protein Drinks**  
\$3.58/12 fl oz

## CHILLED

2 for  
**\$12<sup>00</sup>**  
Gardein  
**Plant-Powered  
Skillet Meals**  
\$3.98/20 oz

## CHEESE

2 for  
**\$12<sup>00</sup>**  
Nettle Meadow  
**Mini Kunik**  
\$3.98/4 oz

## WELLNESS

save  
**\$1<sup>50</sup>**  
Nature's Answer  
**Sambucus Syrup**  
\$10.49/4 fl oz

save  
**\$1<sup>50</sup>**  
Nature's Answer  
**Sambucus  
Immune Syrup**  
\$10.99/4 fl oz

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EVERYDAY SALES

CORE SHOPPER