

# WOW! WEEKLY SAVINGS

September 23 – September 29

#### **GROCERY**

*save* **\$1**00 Primal Kitchen

Marinara &

Dairy-Free

Alfredo Sauces \$6.99/sizes vary

*save* **\$7**00

Bragg's

Liquid Aminos \$3.79/16 fl oz

*save* **\$7**00 Waterloo
Flavored
Sparkling
Waters

\$4.49/144 fl oz

\$ave \$50

EnviroKidz

Organic Kids Cereals

\$3.49/10 oz

## BULK

\$ave \$100 /lb Essential HL
Organic Raw

Trail Mix \$10.99/lb

save \$\_100 Essential HL

Organic Raw Pistachio Meats

\$23.99/lb

*save* **\$1**00 Back Roads Granola

Organic Granola

retails vary/lb

#### **BEER & WINE**

*save* **\$800** 

Balvenie
Scotch 12 Yr

Doublewood

\$61.99/750 ml

*save* **\$ 7**00

Borgo Scopeto Chianti

Classico

\$15.99/750 ml

*save* **\$200** 

Daou

Cabernet

Sauvignon

\$23.99/750 ml

*save* **\$800**  Monkey 47 **Gin** 

\$36.99/375 ml

*save* \$**7**00 Sean Minor
Cabernet
Sauvignon

\$15.99/750 ml

#### **CHILLED**

*\$200* 

Cascadian Farms

Organic Fruit \$9.99/sizes vary

*save* **\$1**00

Good Culture

Organic Cottage Cheese

retails vary/16 oz

#### **CHILLED (CONT.)**

2 for \$800

Halo Top

you save \$1.98

*save* **\$100** 

Earth Balance
Plant-Based
Butter Spreads

retails vary/sizes vary

### **CHEESE**

save

Maplebrook

\$50 \

**Ricotta** \$4.49/16 oz

# **MEAT & SEAFOOD**

save

Hardwick Beef

¢50

Prepacked Ground Beef

\$9.49/lb

save

Black River

**\$3**00

Hot Italian Sausage Links

\$7.99/lb

*\$ave* \$**1**00 Wild Caught

Swordfish

\$15.99/lb

Reunion

save

700

**\$3**00

Organic NY Strip

\$9.99/10 oz

#### **MEAT & SEAFOOD (CONT.)**

save

Reunion

**\$2**00

Organic Top Sirloin

\$7.99/10 oz

# **WELLNESS**

save

Sunsoil

\$400 CBI

CBD Oil Capsules

\$26.00/30 ct

*save* \$**5**00 Sunsoil

CBD Oil Capsules

\$85.00/90 ct











MORE
AMAZING
SALES

Sales Key:

**EVERYDAY SALES** 

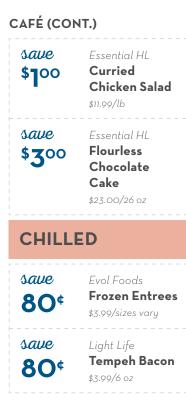
10% DISCOUNTS

**CORE SHOPPER** 

PRODUCE	
save <b>50</b> ¢	Organic Honeycrisp Apples \$3.49/lb
2 for <b>\$4</b> 00	Organic Fair Trade Avocados you save 98¢
save \$200	Fresh Rainbow Bell Peppers \$4.99/3 pk
<i>save</i> <b>\$1</b> 00	Organic <b>Green Beans</b> \$2.99/lb
save \$100	Organic Seedless Grapes

\$3.99/lb

GROCERY		
save <b>\$1</b> 00	From The Ground Up Cauliflower Tortilla Chips \$2.49/4.5 oz	
save <b>29</b> ¢	Tasty Bite Heat And Eat Rices \$2.00/8.8 oz	
2 for \$400	San Marzano San Marzano Tomatoes you save 98¢	
CAFÉ		
save <b>\$1</b> 40	Essential HL <b>Guacamole</b> \$9.59/lb	





# **CORE SHOPPER EXCLUSIVES**

PRODUCE	
save <b>\$1</b> 00	Organic <b>Zucchini</b> \$1.99/lb
save <b>\$1</b> 00	Organic Sliced Shiitake Mushrooms \$3.99/5 oz

2 for \$ <b>12</b> 00	Gardein Plant Powered Skillet Meals you save \$3.98
2 for \$ <b>6</b> 00	Koia <b>Protein Drinks</b> you save \$3.58

**CHILLED** 

	CHEESE	
- 1	2 for <b>\$12</b> 00	Nettle Meadow <b>Mini Kunik</b> you save \$3.98
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Sales Key:

**EVERYDAY SALES** 

10% DISCOUNTS

**CORE SHOPPER**