



WOW! WEEKLY SAVINGS

September 23 - September 29



GROCERY

save
\$1⁰⁰ Primal Kitchen
Marinara & Dairy-Free Alfredo Sauces
\$6.99/sizes vary

save
\$1⁰⁰ Bragg's
Liquid Aminos
\$3.79/16 fl oz

save
\$1⁰⁰ Waterloo
Flavored Sparkling Waters
\$4.49/144 fl oz

save
\$5⁰ EnviroKidz
Organic Kids Cereals
\$3.49/10 oz

BULK

save
\$1⁰⁰ /lb Essential HL
Organic Raw Trail Mix
\$10.99/lb

save
\$4⁰⁰ /lb Essential HL
Organic Raw Pistachio Meats
\$23.99/lb

save
\$1⁰⁰ /lb Back Roads
Granola
Organic Granola
retails vary/lb

BEER & WINE

save
\$4⁰⁰ Chateau Varennes
Beaujolais-Villages
\$11.99/750 ml

save
\$1⁰⁰ Domaine De La Bastide
Cotes Du Rhone Red
\$14.99/750 ml

save
\$2⁰⁰ Holloran
Pinot Noir North Hill Reserve
\$13.99/750 ml

save
\$4⁰⁰ Milbrandt
Cabernet Sauvignon
\$13.99/750 ml

save
\$5⁰⁰ Stillman St
Chardonnay
\$12.99/750 ml

CHILLED

save
\$2⁰⁰ Cascadian Farms
Organic Fruit
\$9.99/sizes vary

2 for
\$12⁰⁰ Thirst
Brazilian Coconut Water
you save \$1.98

CHILLED (CONT.)

2 for
\$8⁰⁰ Halo Top
Ice Cream
you save \$1.98

save
\$1⁰⁰ Earth Balance
Plant-Based Butter Spreads
retails vary/sizes vary

CHEESE

save
\$5⁰ Maplebrook
Ricotta
\$4.49/16 oz

MEAT & SEAFOOD

save
\$5⁰ Hardwick Beef
Prepacked Ground Beef
\$9.49/lb

save
\$3⁰⁰ Black River
Hot Italian Sausage Links
\$7.99/lb

save
\$4⁰⁰ Wild Caught
Swordfish
\$15.99/lb

save
\$3⁰⁰ Reunion
Organic NY Strip
\$9.99/10 oz

MEAT & SEAFOOD (CONT.)

save
\$2⁰⁰ Reunion
Organic Top Sirloin
\$7.99/10 oz

WELLNESS

save
\$4⁰⁰ Sunsoil
CBD Oil Capsules
\$26.00/30 ct

save
\$5⁰⁰ Sunsoil
CBD Oil Capsules
\$85.00/90 ct



MORE AMAZING SALES →

Sales Key: EVERYDAY SALES 10% DISCOUNTS CORE SHOPPER

10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

PRODUCE	GROCERY	CAFÉ (CONT.)	CHEESE
<p><i>save</i> \$50¢</p> <p>Organic Honeycrisp Apples \$3.49/lb</p>	<p><i>save</i> \$1⁰⁰</p> <p>From The Ground Up Cauliflower Tortilla Chips \$2.49/4.5 oz</p>	<p><i>save</i> \$1⁰⁰</p> <p>Essential HL Curried Chicken Salad \$11.99/lb</p>	<p><i>save</i> \$50⁰⁰/lb</p> <p>Imported Grated Pecorino \$6.49/lb</p>
<p><i>2 for</i> \$4⁰⁰</p> <p>Organic Fair Trade Avocados you save 98¢</p>	<p><i>save</i> 29¢</p> <p>Tasty Bite Heat And Eat Rices \$2.00/8.8 oz</p>	<p><i>save</i> \$3⁰⁰</p> <p>Essential HL Flourless Chocolate Cake \$23.00/26 oz</p>	WELLNESS
<p><i>save</i> \$2⁰⁰</p> <p>Fresh Rainbow Bell Peppers \$4.99/3 pk</p>	<p><i>2 for</i> \$4⁰⁰</p> <p>San Marzano San Marzano Tomatoes you save 98¢</p>	CHILLED	<p><i>save</i> \$2⁰⁰</p> <p>Essential HL Oregano Oil \$26.99/120 ct</p>
<p><i>save</i> \$1⁰⁰</p> <p>Organic Green Beans \$2.99/lb</p>	CAFÉ	<p><i>save</i> 80¢</p> <p>Evol Foods Frozen Entrees \$3.99/sizes vary</p>	
<p><i>save</i> \$1⁰⁰</p> <p>Organic Seedless Grapes \$3.99/lb</p>	<p><i>save</i> \$1⁴⁰</p> <p>Essential HL Guacamole \$9.59/lb</p>	<p><i>save</i> 80¢</p> <p>Light Life Tempeh Bacon \$3.99/6 oz</p>	

CORE SHOPPER EXCLUSIVES

PRODUCE	CHILLED	CHEESE	WELLNESS
<p><i>save</i> \$1⁰⁰</p> <p>Organic Zucchini \$1.99/lb</p>	<p><i>2 for</i> \$12⁰⁰</p> <p>Gardein Plant Powered Skillet Meals you save \$3.98</p>	<p><i>2 for</i> \$12⁰⁰</p> <p>Nettle Meadow Mini Kunik you save \$3.98</p>	<p><i>save</i> \$20⁰¹</p> <p>For The Biome Shield Face Serum \$99.99/0.5 fl oz</p>
<p><i>save</i> \$1⁰⁰</p> <p>Organic Sliced Shiitake Mushrooms \$3.99/5 oz</p>	<p><i>2 for</i> \$6⁰⁰</p> <p>Koia Protein Drinks you save \$3.58</p>		<p><i>save</i> \$10⁰¹</p> <p>For The Biome Soothe Powder Cleanser \$54.99/20g</p>

Sales Key:

EVERYDAY SALES

10% DISCOUNTS

CORE SHOPPER