

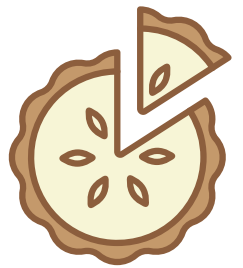


# WOW! WEEKLY SAVINGS

October 14 - October 20



GROCERY	MEAT & SEAFOOD	BEER & WINE	WELLNESS
<p><i>save</i> <b>60¢</b></p> <p>A Dozen Cousins <b>Seasoned Beans &amp; Chickpeas</b> \$2.99/10 oz</p>	<p><i>save</i> <b>50¢</b></p> <p>Hardwick Beef <b>In House Ground Beef</b> \$9.49/lb</p>	<p><i>save</i> <b>\$7<sup>00</sup></b></p> <p>Mocali <b>Brunello D Montalcino</b> \$42.99/750 ml</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Andalou Naturals <b>D.Tox Cannacell Mask</b> \$13.99/1.7 oz</p>
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Buddha Teas <b>Organic Elderberry Tea</b> \$6.79/18 ct</p>	<p><b>CHILLED</b></p> <p><i>2 for</i> <b>\$5<sup>00</sup></b></p> <p>Kevita <b>Organic Functional Beverages</b> you save 98¢</p>	<p><i>save</i> <b>\$4<sup>00</sup></b></p> <p>Saint Cosme <b>Cotes Du Rhone</b> \$15.99/750 ml</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Andalou Naturals <b>Glow Cannacell Mask</b> \$13.99/1.7 oz</p>
<p><i>save</i> <b>50¢</b></p> <p>Muir Glen <b>Organic Tomatoes</b> retails vary/14.5 oz</p>	<p><i>save</i> <b>79¢</b></p> <p>Kite Hill <b>Plant Based Dips</b> \$3.99/8 oz</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Three Brooms <b>Sauvignon Blanc</b> \$13.99/750 ml</p>	<p><b>THANKSGIVING PRE-ORDERS ARE NOW OPEN</b></p> <p>Order your turkey, pies, and sides online or at Guest Services today!</p>
<p><i>save</i> <b>50¢</b></p> <p>Nature's Path <b>Brown Sugar Maple Oatmeal</b> \$4.29/11.3 oz</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Organic Valley <b>Organic Ghee</b> retails vary/sizes vary</p>	<p><i>save</i> <b>\$12<sup>00</sup></b></p> <p>Titos <b>Vodka</b> \$34.99/1.75 L</p>	
<p><b>BULK</b></p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Udis <b>Gluten Free Sandwich Bread</b> \$5.99/18 oz</p>	<p><i>save</i> <b>\$4<sup>00</sup></b></p> <p>Clos Du Val <b>Chardonnay</b> \$27.99/750 ml</p>	
<p><i>save</i> <b>\$2<sup>00</sup> /lb</b></p> <p>Essential HL <b>Organic Pineapple Rings</b> \$12.99/lb</p>	<p><b>CHEESE</b></p>	<p><b>MORE AMAZING SALES</b> →</p>	
<p><i>save</i> <b>\$1<sup>00</sup> /lb</b></p> <p>Essential HL <b>Organic Dark Chocolate Chips</b> \$6.49/lb</p>	<p><i>save</i> <b>\$2<sup>00</sup> /lb</b></p> <p>Jean Perrin <b>Secret De Scey</b> \$10.59/lb</p>		



Sales Key:


EVERYDAY SALES

10% DISCOUNTS


CORE SHOPPER

# 10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

PRODUCE	GROCERY	CHEESE	WELLNESS
<p><i>save</i> <b>50¢</b></p> <p>Organic <b>Bartlett Pears</b> \$1.99/lb</p>	<p><i>save</i> <b>50¢</b></p> <p>Simple Mills <b>Gluten Free Baking Mixes</b> \$6.99/sizes vary</p>	<p><i>save</i> <b>\$2<sup>00</sup></b> /lb</p> <p>Roth <b>Buttermilk Blue</b> \$12.99/lb</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Essential HL <b>Oregano Oil</b> \$26.99/120 ct</p>
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Organic <b>Gala Apples</b> \$1.99/lb</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Kettle &amp; Fire <b>Keto Soups</b> \$6.99/16.9 fl oz</p>	<h3>CAFÉ</h3>	
<p><i>2 for</i> <b>\$3<sup>00</sup></b></p> <p>Organic <b>Sungold Kiwi</b> you save 98¢</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Daily Pantry <b>Organic Broths</b> \$2.79/32 fl oz</p>		
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Organic <b>Asian Pears</b> \$3.99/lb</p>	<h3>CHILLED</h3>		
<p><i>2 for</i> <b>\$4<sup>00</sup></b></p> <p>Organic <b>Celery</b> you save \$1.98</p>			
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Fresh <b>Romanesco</b> \$3.99/ea</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Wymans <b>Frozen Berries</b> retails vary/2-3 lbs</p>	<p><i>save</i> <b>70¢</b></p> <p>Essential HL <b>Red &amp; Green Lentil Salad</b> \$8.79/lb</p>	
		<p><i>save</i> <b>60¢</b></p> <p>Essential HL <b>Harvest Spaghetti</b> \$3.59/8 oz</p>	

## CORE SHOPPER EXCLUSIVES

PRODUCE	MEAT & SEAFOOD (CONT.)	CHILLED (CONT.)	WELLNESS
<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Organic <b>Green, Red, and Black Grapes</b> \$2.99/lb</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Thousand Hills <b>Ribeye</b> \$12.99/8 oz</p>	<p><i>2 for</i> <b>\$8<sup>00</sup></b></p> <p>Gardein <b>Plant Based Entrees</b> you save \$1.98</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Vermont Mountain <b>Elderberry Elderberry Syrup</b> \$8.99/4 fl oz</p>
<h3>MEAT &amp; SEAFOOD</h3>		<h3>CHEESE</h3>	
<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Wild Caught <b>Scallops 10/20 Ct Dry</b> \$19.99/lb</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Black River <b>Hardwood Smoked Bacon</b> \$7.99/12 oz</p>	<p><i>save</i> <b>\$3<sup>00</sup></b> /lb</p> <p>Emmi <b>Swiss Appenzeller</b> \$19.99/lb</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Vermont Mountain <b>Elderberry Triple Berry Syrup</b> \$8.99/4 fl oz</p>
<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Farm Raised <b>Canadian Salmon</b> \$13.99/lb</p>	<h3>CHILLED</h3>		
	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Gardein <b>Plant Powered Skillet Meals</b> \$6.99/20 oz</p>		

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CORE SHOPPER