



# WOW! WEEKLY SAVINGS

November 18 - November 24



GROCERY	BULK	WELLNESS	MEAT & SEAFOOD	
<p><i>save</i> <b>50¢</b></p> <p>Woodstock <b>Organic Cranberry Sauce</b> \$3.49/14 oz</p>	<p><i>save</i> <b>\$1<sup>00</sup></b> /lb</p> <p>Essential HL <b>Organic Raw Pecans</b> \$15.39/lb</p>	<p><b>BUY 2, GET 1 Free</b></p> <p>Rad Soap Co <b>All Bar Soap</b> retails vary/6 oz</p>	<p><i>save</i> <b>50¢</b></p> <p>Hardwick Beef <b>Prepacked Ground Beef</b> \$9.49/lb</p>	
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Olivias <b>Gf Stuffing Rosemary Sage</b> \$4.99/9 oz</p>	<p><i>save</i> <b>\$1<sup>00</sup></b> /lb</p> <p>Essential HL <b>Organic Raw Walnuts</b> \$19.99/lb</p>	<p><i>save</i> <b>\$3<sup>00</sup></b></p> <p>Gaia Herbs <b>Quick Defense</b> \$39.99/40 ct</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Thousand Hills <b>Ribeye</b> \$12.99/8 oz</p>	
<p><i>save</i> <b>50¢</b></p> <p>Farmers Market <b>Pumpkin Pie Mix</b> \$2.49/15 oz</p>	<p><i>save</i> <b>20¢</b> /lb</p> <p>Champlain Valley Milling <b>White Pastry Flour</b> \$1.19/lb</p>	<b>BEER &amp; WINE</b>		
<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>California Olive Ranch <b>Extra Virgin Olive Oil</b> \$8.79/16.9 fl oz</p>	<b>CHILLED</b>		<p><b>THANKSGIVING PRE-ORDERS ARE NOW OPEN</b></p> <p>Order your pies and sides online or at Guest Services today!</p> <p><b>MORE AMAZING SALES</b> →</p>	
<b>CHEESE</b>		<p><b>2 for \$5<sup>00</sup></b></p> <p>Kevita <b>Organic Probiotic Drinks</b> you save 98¢</p>		<p><i>save</i> <b>\$9<sup>00</sup></b></p> <p>Knob Creek <b>Bourbon</b> \$31.99/750 ml</p>
<p><i>save</i> <b>\$3<sup>00</sup></b> /lb</p> <p>Spring Brook Farm <b>Tarentaise</b> \$21.99/lb</p>	<p><b>2 for \$8<sup>00</sup></b></p> <p>Coolhaus <b>Ice Creams</b> you save \$1.98</p>	<p><i>save</i> <b>\$17<sup>00</sup></b></p> <p>Gaston Chiquet <b>Tradition 1Er Cru Brut</b> \$42.99/750 ml</p>		<p><i>save</i> <b>\$5<sup>00</sup></b></p> <p>Mauro Molino <b>Barolo</b> \$34.99/750 ml</p>
		<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Miso Master <b>Organic Mellow White Miso</b> \$4.29/8 oz</p>		<p><i>save</i> <b>\$5<sup>00</sup></b></p> <p>Saint Cosme <b>Cotes Du Rhone</b> \$15.99/750 ml</p>
		<p><b>2 for \$15<sup>00</sup></b></p> <p>Eco Beans And Greens <b>Salad Dressings</b> you save \$2.98</p>		<p><i>save</i> <b>\$4<sup>00</sup></b></p> <p>Saint Cosme <b>Cotes Du Rhone</b> \$15.99/750 ml</p>
			<p><i>save</i> <b>\$7<sup>00</sup></b></p> <p>Titos <b>Vodka</b> \$24.99/1000 ml</p>	

Sales Key:

EVERYDAY SALES

10% DISCOUNTS

CORE SHOPPER

# 10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

PRODUCE	GROCERY	CAFÉ	WELLNESS
<p><b>4 for \$3<sup>00</sup></b> Organic Lemons <i>you save 96¢</i></p>	<p><b>save \$1<sup>00</sup></b> Daily Pantry Organic Broths <i>\$2.79/32 fl oz</i></p>	<p><b>save 60¢</b> Essential HL Tropical Fruit Salad <i>\$3.99/8 oz</i></p>	<p><b>save \$4<sup>00</sup></b> Essential HL Inflammove <i>\$23.99/90 ct</i></p>
<p><b>save 50¢</b> Organic Granny Smith Apples <i>\$2.49/lb</i></p>	<p><b>save 50¢</b> Fever Tree Cocktail Mixers <i>\$2.99/16.9 fl oz</i></p>	<p><b>save 70¢</b> Essential HL Classic Hummus <i>\$5.79/lb</i></p>	<p><b>save \$4<sup>00</sup></b> Essential HL Turmeric Extract <i>\$39.99/120 ct</i></p>
<p><b>2 for \$4<sup>00</sup></b> Organic Celery <i>you save 98¢</i></p>	<b>CHILLED</b>		<p><b>Our salad bar is back and better than ever!</b> Come by and let one of our chefs prepare something just for you.</p> 
<p><b>save \$1<sup>00</sup></b> Organic Garnet Sweet Potatoes <i>\$1.99/lb</i></p>	<p><b>save \$1<sup>00</sup></b> Daiya Plant Based Pizzas <i>\$6.99/sizes vary</i></p>	<p><b>save 70¢</b> Essential HL Passion Fruit Lava Cake <i>\$3.29/2 oz</i></p>	
<b>CHEESE</b>		<p><b>save \$1<sup>00</sup> /lb</b> Societe Roquefort <i>\$21.99/lb</i></p>	

# CORE SHOPPER EXCLUSIVES



PRODUCE	MEAT & SEAFOOD	CHILLED	WELLNESS
<p><b>2 for \$5<sup>00</sup></b> Organic Cranberries <i>you save \$2.98</i></p>	<p><b>save \$1<sup>00</sup></b> Vermont Salumi Italian Sausage <i>\$6.99/14 oz</i></p>	<p><b>save \$1<sup>00</sup></b> Frontera Foods Skillets <i>\$7.99/20 oz</i></p>	<p><b>save \$4<sup>00</sup></b> Herb Pharm Super Echinacea <i>\$11.49/1 fl oz</i></p>
<p><b>5 for \$5<sup>00</sup></b> Organic Navel Oranges <i>you save \$2.45</i></p>	<p><b>save \$1<sup>00</sup></b> Black River Hardwood Smoked Bacon <i>\$7.99/12 oz</i></p>	<p><b>save \$1<sup>50</sup></b> Quorn Roast <i>\$6.49/16 oz</i></p>	<b>CHEESE</b>
<p><b>save 80¢</b> Local Organic Butternut Squash <i>\$0.99/lb</i></p>	<p><b>save \$1<sup>00</sup></b> Orca Bay Mahi Mahi Fillet <i>\$9.99/10 oz</i></p>	<b>GROCERY</b>	<p><b>save \$2<sup>00</sup> /lb</b> Emmi Gruyere Reserve <i>\$18.99/lb</i></p>
		<p><b>save up to \$2<sup>00</sup></b> TOST sparkling celebration beverage 4pk <i>\$18.99/lb</i></p>	



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