



# WOW! WEEKLY SAVINGS

February 17 - February 23



GROCERY	WELLNESS	BEER & WINE	MEAT & SEAFOOD
<p><i>save</i> <b>50¢</b></p> <p>Maya Kaimal <b>Simmer Sauces</b> \$4.99/12.5 oz</p>	<p><i>save</i> <b>\$7<sup>00</sup></b></p> <p>Garden Of Life <b>Raw Meal Chocolate</b> \$48.19/35.9 oz</p>	<p><i>save</i> <b>\$4<sup>00</sup></b></p> <p>Justin <b>Cabernet Sauvignon</b> \$29.99/750 ml</p>	<p><i>save</i> <b>\$1<sup>50</sup></b></p> <p>Hardwick Beef <b>Beef Stew Meat</b> \$8.99/lb</p>
<p><i>save</i> <b>50¢</b></p> <p>Good Health <b>Baked Fries Cheddar &amp; Hot</b> \$2.99/5.5 oz</p>	<p><i>save</i> <b>\$7<sup>00</sup></b></p> <p>Garden Of Life <b>Raw Meal Vanilla</b> \$48.19/34.2 oz</p>	<p><i>save</i> <b>\$3<sup>00</sup></b></p> <p>Kendall Jackson <b>Vintner's Reserve Chardonnay</b> \$12.99/750 ml</p>	<p><i>save</i> <b>\$4<sup>00</sup></b></p> <p>Wild Caught <b>Halibut</b> \$19.99/lb</p>
<p><i>save</i> <b>50¢</b></p> <p>Sustainable Seas <b>Albacore Tuna</b> \$3.29/5 oz</p>	<b>CHILLED</b>		<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Farm Raised <b>Canadian Salmon</b> \$14.99/lb</p>
<p><i>save</i> <b>50¢</b></p> <p>Late July <b>Organic Classic Rich Crackers</b> \$3.29/6 oz</p>	<p><i>2 for</i> <b>\$4<sup>00</sup></b></p> <p>Cabot <b>Sour Cream</b> save 98¢/16 oz</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Luigi Giordano <b>Lange Rosso</b> \$15.99/750 ml</p>	<p><i>save</i> <b>\$1<sup>00</sup></b></p> <p>Vermont Salumi <b>Red Wine &amp; Garlic Sausage</b> \$6.99/14 oz</p>
<b>BULK</b>		<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Patricia Green Cellars <b>Reserve Pinot Noir</b> \$23.99/750 ml</p>	<p><i>save</i> <b>\$3<sup>00</sup></b></p> <p>Black River <b>Vermont Raised Uncured Bacon</b> \$11.99/16 oz</p>
<p><i>save</i> <b>20¢ /lb</b></p> <p>Champlain Valley Milling <b>Organic White Spelt Flour</b> \$1.99/lb</p>	<p><i>2 for</i> <b>\$7<sup>00</sup></b></p> <p>Koia <b>Protein Drinks</b> \$2.58/12 fl oz</p>	<p><i>save</i> <b>\$2<sup>00</sup></b></p> <p>Sonoma-Cutrer <b>RRV Chardonnay</b> \$19.99/750 ml</p>	
<p><i>save</i> <b>40¢ /lb</b></p> <p>Nitty Gritty Grain Co <b>Organic All Purpose Flour</b> \$1.49/lb</p>	<p><i>2 for</i> <b>\$4<sup>00</sup></b></p> <p>Evol <b>Burritos</b> save 98¢/6 oz</p>	<b>HL Fresh IS HERE!</b> A renewed commitment to <b>chef-driven seasonal &amp; locally-sourced</b> food from our Café to your table!	
<p><i>save</i> <b>50¢ /lb</b></p> <p>Bulk Commodity <b>Organic Semolina Flour</b> \$1.29/lb</p>	<b>CHEESE</b>		
	<p><i>save</i> <b>\$2<sup>00</sup> /lb</b></p> <p>Imported <b>Idiazabal</b> \$14.99/lb</p>		

Sales Key:

EVERYDAY SALES

10% DISCOUNTS

CORE SHOPPER

MORE AMAZING SALES



# 10% DISCOUNTS

Core Shoppers save an additional 10% on these sale items

PRODUCE	GROCERY	CAFÉ	CHILLED
<p>save \$1<sup>00</sup> Organic Broccoli Crowns \$2.49/lb</p>	<p>save 50¢ Hu Chocolate Chocolate Bars \$4.49/2.1 oz</p>	<p>save \$1<sup>00</sup> HL Fresh Immunity Juices-Immune Booster \$5.99/16 oz</p>	<p>save 50¢ Immaculate Baking Baking Products retails vary/sizes vary</p>
<p>save \$2<sup>00</sup> Organic Brussels Sprouts \$3.99/lb</p>	<p><b>CHEESE</b></p>	<p>save \$1<sup>00</sup> HL Fresh Immunity Juices-Apple &amp; Beet \$5.99/16 oz</p>	<p>save 50¢ Kite Hill Plant Based Dips \$4.29/8 oz</p>
<p>save \$3<sup>00</sup> Organic Red Bell Peppers \$2.99/lb</p>	<p>save 50¢ Blythedale Farms Vt Camembert \$6.49/7 oz</p>	<p>save \$1<sup>00</sup> HL Fresh Immunity Juices-Antioxidant Green \$5.99/16 oz</p>	<p><b>WELLNESS</b></p>
<p>save \$2<sup>00</sup> Organic Romaine Hearts \$3.99/3pk</p>		<p>save \$1<sup>00</sup> HL Fresh Immunity Juices-Antioxidant Green \$5.99/16 oz</p>	<p>save \$1<sup>00</sup> Juniper Ridge All Incense \$10.99/20 ct</p>
<p>2 for \$6<sup>00</sup> Fresh Cantaloupe you save \$1.98</p>			<p>save \$1<sup>00</sup> Juniper Ridge Desert Cedar Essential Oil \$13.99/5 ml</p>

NEW in Williston

# CORE SHOPPER EXCLUSIVES

PRODUCE	CHEESE	CHILLED	WELLNESS
<p>2 for \$4<sup>00</sup> Fresh Artichokes you save 98¢</p>	<p>save \$2<sup>00</sup> /lb Nettle Meadow Briar Summit -/lb</p>	<p>2 for \$4<sup>00</sup> Gardein Entrees save up to \$1.98 sizes vary</p>	<p>save \$3<sup>00</sup> Nordic Naturals Ultimate Omega Co Q10 \$35.99/60 ct</p>
<p>save \$5<sup>00</sup> Organic Asparagus \$2.99/lb</p>	<p><b>GROCERY</b></p>	<p>save \$1<sup>00</sup> Field Roast Sausages \$4.49/sizes vary</p>	<p>save \$3<sup>00</sup> Nordic Naturals Ultimate Omega D3 \$25.99/60 ct</p>
<p><b>MEAT</b></p>	<p>2 for \$3<sup>00</sup> Green Valley Coconut Water save 29¢/16.9 fl oz</p>		<p>save \$13<sup>00</sup> Sunsoil 90 ct CBD Capsules \$77/90 ct</p>
<p>save \$10<sup>00</sup> Black River 80/20 Frozen Ground Beef \$15.99/2.5 lbs</p>	<p>save up to \$1<sup>00</sup> Seventh Generation Select Cleaners retails vary/sizes vary</p>		

Sales Key: **EVERYDAY SALES** **10% DISCOUNTS** **CORE SHOPPER**