

At Healthy Living, we are proud to partner with [Braga Fresh](#), a leader in organic farming known for its dedication to quality, sustainability, and innovation. Braga Fresh, the family behind the renowned Josie's Organics line, has been growing top-tier produce for nearly a century. Their commitment to sustainable farming allows us to offer our guests the freshest, healthiest vegetables that are grown with care for the environment and future generations.

Braga Fresh stands out not only for their exceptional organic produce but also for their use of cutting-edge technology. By incorporating state-of-the-art farming techniques, Braga ensures precise growing conditions that maximize quality while minimizing waste. Their innovative approach includes the use of drip irrigation and advanced harvesting equipment, all of which helps deliver vibrant, flavorful produce to our shelves at Healthy Living.

A key aspect of Braga Fresh's sustainability efforts is their Integrated Pest Management (IPM) system, which reduces the need for synthetic pesticides by using beneficial insects and bees to control pests naturally. This approach not only protects the environment but also ensures that the produce remains as pure and clean as possible. At Healthy Living, we are proud to support this responsible farming practice that promotes biodiversity and the health of the soil, leading to nutrient-rich vegetables.

The Josie's Organics line, a cornerstone of Braga Fresh, reflects their deep commitment to organic farming. Certified organic and non-GMO, this line delivers produce that is both delicious and ethically grown, with a focus on the health of the consumer and the environment. From leafy greens to broccoli and celery, the Josie's Organics line offers a wide array of nutrient-dense vegetables that we carefully curate for our guests seeking the highest quality organic produce.

Braga Fresh also places a strong emphasis on the well-being of their workforce. Through safe, fair labor practices and providing opportunities for growth, Braga ensures their employees are treated with dignity and respect. By supporting Braga Fresh at **Healthy Living**, you're not only choosing produce that's grown with care for the earth but also supporting a company that values and empowers its workers, making a positive impact on both the environment and the community.

## KEY LINKS

<https://bragafresh.com/organic-farming/>